



## Sophomore Year Checklist

### August

- Create an account at Everydae.com
- Work on your personal growth plan (see other side for details)
- Review course schedule. Adjust if necessary

### October

- Sign up for the PSAT10 — ask your counselor for details
- Talk to your counselor/teachers about registering for AP Exams

### November

- Start a short list of summer internships/ community service opportunities

### January

- Write down three things you want to accomplish this summer

### March

- Sign up for May/June SAT Subject Tests (talk to your counselor/teachers about which ones to take)

### April

- Run for/apply to leadership positions in your extracurricular activities for next year

### May

- Take AP Exams & SAT subject tests

### Summer

- Start crafting your college list
- Show initiative at your internship/ community service



## Theme

Define who you want to become.



## Personal Growth Plan



One thing I want to get better at this year is...

## Find time to CHIL™

Grades and test scores aren't everything. Colleges also want to know what matters most to you and why. Use our CHIL framework below to craft your personal story.

### Commitment

This year, I will deepen my involvement in...

### Happiness

This year, for the pure joy of it, I will...

### Impact

This year, I will volunteer to...

### Leadership

This year, I will take on more responsibility by...

"Life isn't about finding yourself. Life is about creating yourself."

— George Bernard Shaw